## 4. ADJUST YOUR EXPECTATIONS

"For because of our faith, he has brought us into this place of highest privilege where we now stand, and we confidently and joyfully <u>look forward</u> to actually becoming all that God has had in mind for us to be." Romans 5:2 (LB)

## **LOOKING FORWARD MEANS:**

1. YOU NEED TO	YOUR EXPECTATIONS.
"Be careful what you think, b Proverbs 4:23 (NCV)	ecause your thoughts run your life."
How do you adjust your exp	ectations?
* You expect the	·
* You remember God's still _	·
* You focus on the greatest—	your with God.
waters, you will not go down	ad, I'll be there with you. When you're in rough When you're between a rock and a hard place, ause I am God, your personal God, The Holy of 2-3 (MSG)
	Oo not be afraid or terrified because of them, for you; he will never leave you nor forsake you."
"be sure of this: I am with y Matthew 28:20b (NLT)	ou always, even to the end of the age."



What expectation do I need to adjust?		
2. YOU HOLD ON TO GOD'S		
"I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord." Romans 8:38-39 (NLT)		
What can separate me from God's love?		
Notes:		

Bible Translations: New International Version (NIV); God's Word Translation (GW); The Living Bible (LB); Today's English Version (TEV); New Century Version (NCV).

Sermon based on "What's holding you back" by Rick Warren and "Unpacking & Unpeeling: The Process of Healing Emotional Wounds" by LadyTB.