

## 4. WHEN YOU BELIEVE IN GOD, BUT STILL WORRY ALL THE TIME.

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### WHY WORRY?

*“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.”* Philippians 4:6 (NLT)

*“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing?”* Matthew 6:25 (NRSV)

Worry is a \_\_\_\_\_ issue.

*“And can any of you by worrying add a single hour to your span of life?”* Matthew 6:27 (NRSV)

### FREEDOM FROM WORRY

1. DO WHAT IS \_\_\_\_\_.

*“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”* Philippians 4:6-7 (NLT)

2. THINK ON THE \_\_\_\_\_ THINGS.

*“And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.”* Philippians 4:8 (NLT)

*“Before you know it, a sense of God’s wholeness, everything coming together*

## THE CHRISTIAN ATHEIST

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*for good, will come and settle you down. It’s wonderful what happens when Christ displaces worry at the center of your life.”* Philippians 4:7 (MSG)

No matter what happens, \_\_\_\_\_ God!

*“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.”* Proverbs 3:5-6 (NLT)

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